

How long will my baby's appointment take?

Your baby's appointment will take about 1 to 1 ½ hours.

Is there a cost for the clinic visit?

No, there is no cost for your baby's clinic visit. There are fees for parking at the HRH's visitor's parking lot.

Where do I go for my baby's clinic visit?

Neonatal Follow-up Clinic Humber River Health

1235 Wilson Ave., 4th floor
Toronto, ON M3M 0B2

Tel: (416) 242-1000 ext. 21400

From the main level, take the West Outpatient Elevators to the 4th floor. We are located in the **Paediatric Outpatient Clinic**.

When you arrive at the Paediatric Outpatient Clinic, please register at the Registration Desk. Remember to bring your child's OHIP (health) card for registration.

For more information, please contact:

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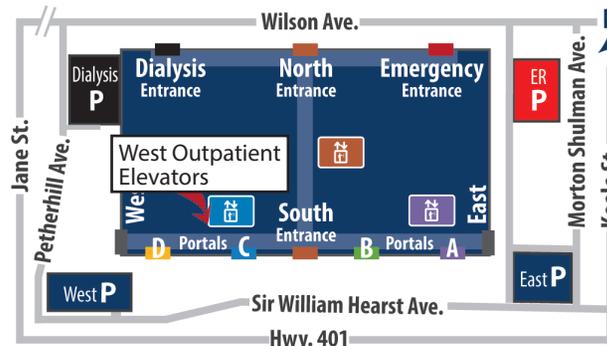
If you have compliments or concerns, please contact:

Manager, Paediatric Outpatient Clinics

Tel: (416) 242-1000 ext. 45422

Patient Representative

Tel: (416) 242-1000 ext. 82256



HUMBER RIVER HEALTH
1235 Wilson Ave., Toronto, Ont., M3M 0B2



Maternal and Child Program

Welcome to the Neonatal Follow-up Clinic



English

This information is important! If you have trouble reading this, ask someone to help you.

Italian

Queste informazioni sono importanti! Se ha difficoltà a leggere questo, chiedi aiuto a qualcuno.

Spanish

¡Esta información es importante! Si tiene dificultad en leer esto, pida que alguien le ayude.

www.hrh.ca

What is the Neonatal Follow-up Clinic?

The Neonatal Follow-up Clinic monitors the progress of babies who may be at risk of having physical or developmental problems.

Your baby is at risk if they:

- Were born very early (premature)
- Had a low birth weight (were very small)
- Had a difficult birth
- Were ill after birth
- Were born with a major abnormality or syndrome.

During your baby's first three years of life, the clinic will try to find and treat any delays in their:

- Physical growth (for example, weight or height)
- Developmental skills (for example, learning, moving, playing or talking).

This may help improve your baby's overall growth and development.

How can the clinic help?

A nurse, occupational therapist (OT), and/or paediatrician will see your baby. Based on your baby's needs, other professionals may take part in their care, such as a dietitian or an audiologist.

We can help you access community services that can help your baby develop to the best of their ability. We also work with other partners, including Home and Community Care Support Services, Surrey Place, Centennial Infant and Child Centre, and ErinoakKids.

When will the clinic see my baby?

The Neonatal Intensive Care Unit at HRH will refer your baby to the clinic. We may schedule your baby's first appointment while you are still in hospital, otherwise, the clinic will phone you after you leave to book the first appointment.

We see your baby when they are at 4, 8, 12, 18, 24 and 36 months corrected age (that is, the baby's age from their due date).

Whenever possible, we will schedule your baby's Neonatal Follow-up Clinic appointment with other appointments that they may have at HRH's Maternal and Child Program Clinics.

Please note: These visits do not replace the medical care your family doctor or own paediatrician gives your child.



What happens at the clinic visit?

The nurse will weigh and measure your baby. They will talk to you to see how your baby is behaving, eating and sleeping, and listen to any concerns you may have.

The paediatrician or OT will look at your baby's growth and development. If the team has any concerns, they will share those concerns with you, as well as communicate them to your family doctor or paediatrician.

During your clinic visits, we are happy to provide you with video remote language interpretation services that connects to a live interpreter, should you need one.